#### A young person's guide to...

# **Participation**



What is Participation?



Participation is having opportunities to be part of decisions that are important to you which may lead to changes.

#### Some people call participation youth voice

So what is Co-production?

Co-production is when we Work together in partnership to make or create something.



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For families with disabled children

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### Participation happens across 3 levels which are...

## Individual

### Service

## Strategic

Being part of decisions which are mainly to do with you and your life.

- **Decisions affect** your support and care
- They impact you and your outcomes
- Decisions allow you to build the skills. confidence and awareness of your rights to be involved in decision making

I hired my own PA who helps me to do the things that I want to do

> I chose which college I went to and what I study

Being part of decisions about the way a project or service is run. This may impact you and others.

- Decisions include planning, delivery and evaluation
- They are about what you want from services
- Decisions may help to improve the quality of service provision

We choose what activities we want to do and what trips to go on as well as saying what is good or not!

Being part of decisions that affects the way we work with you and other young people.

- Decisions include what kinds of services are needed and how much money should be spent on them
- They may be about policy at a local, regional or national level
- Young people have meaningful roles in priority setting, monitoring and designing services and work in partnership with decision makers

I took part in a survey about what short breaks the local council would fund

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